

Federation of Christian Ministries



Be with us Lord, keep us strong as we enter into the desert of Lent.

May all our actions.

prayers, silence, and pauses

call us into further

relationship with you.

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NEWS FROM THE CIRCLE

Christy Howard-Steele, Chairperson

2022 Assembly Update

As indicated in the last newsletter, at the Circle meeting we wrestled with how to move forward with the Assembly in the midst of the COVID-19 pandemic becoming endemic. As each of us have different health situations for ourselves and our loved ones, we also have different feelings about gathering. In line with FCM's primary value of inclusion, the Circle decided the Assembly should provide the option for both in-person and virtual attendance. More details are being worked out. The date and location are set: July 15-17, 2022, Chicago O'Hare, Holiday Inn. Mark your calendars. If you have suggestions or desire to be part of the planning committee, please email Peter Strening, peterstrening@comcast.net or me, chairperson@fcmmail.org.

Introducing Friends of FCM

The Circle of Directors voted to create a new category of membership for those who are not or no longer engaged in active ministry. Introducing Friends of FCM! The purpose of this category is to provide a way for people to stay connected with FCM. As a Friend of FCM, you won't need to complete annual reports or pay renewal fees. You'll need to complete a one-time application, so we'll know how to stay in touch with you. As a friend and supporter of FCM's mission in the world, you're free to make donations as you wish. Friends of FCM won't be eligible to vote in FCM elections or be elected or appointed to Circle positions. You will remain on our mailing lists to receive electronic newsletters and invitations or notices to attend FCM events. In other words, Friends of FCM are part of our FCM community!

FCM Circle of Directors

Christy Howard-Steele, Chairperson Ron Davis, President Sarah Lindberg, Secretary Heidi Tierney, Treasurer

















Salvador Leavitt-Alcantara, Commissioning Chair Peter Strening, Co Chair Specialized Ministries Jeanne Hale, Co Chair Specialized Ministries Marita Grudzen, Faith Communities Chair



Carl Yusavitz Northeast VP



Shannon Queenan Great Lakes VP



Linda VanPutte Southern Co VP



H. Don Morris Southern Co VP



Mary Vidas Mts. & Plains VP



Daniel Windham Pacific VP

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Chairperson

Christy Howard-Steele

Comings And...



MEET OUR ADMINISTRATOR

FCM has contracted with **Bill Appleton** to serve in the newly created Administrator position effective January 1st, 2022. Many of you will remember Bill from his time on the Circle as Secretary. Bill has been a member of FCM since 2012. He is a former teacher and now an organizational, diversity, equity, inclusion and change consultant. He holds a master's degree in psychology from Cleveland State University.

Bill's major responsibilities will include collecting from applicants all of the supplemental materials required as part of the commissioning application, forwarding completed applications to the appropriate vice president, updating and responding to Realm questions and further developing the ways FCM can use Realm. Bill's contact information is: Email: connect@fcmmail.org

Phone: (216) 210-0855



MEET OUR NEW COMMISSIONING CHAIR

FCM has appointed **Salvador Leavitt-Alcantara** as our commissioning chair. Salvador will complete the remaining portion of Tony's term and hopefully continue in a three-year term of his own. Salvador has been a member of FCM since 2014. He holds a master's degree in Theological Studies from Harvard and a Doctorate in Theology and Religious Studies from Graduate Theological Union. He is currently a hospital pediatric chaplain and research manager of pastoral care.

Salvador's major responsibilities are to oversee the development, updating, and application of Commissioning policies. Salvador's contact information is:

Email: commissioningchair@fcmmail.org

Phone: (831) 277-8828



MEET OUR PACIFIC REGION VICE PRESIDENT

FCM has appointed **Daniel Windham** as Pacific Region Vice President. Dan will complete the remaining portion of Tracy's term and if nominated and elected continue in a three-year term of his own. Dan has been a member of FCM since 2020. Dan graduated from Garrett-Evangelical Theological Seminary. in 2018. At his seminary graduation, Dan was honored with the Hoyt Hickman award for excellence in liturgical scholarships and praxis; he was also admitted into Theta Alpha Kappa, the National Honors Society for theological study. Dan served as the cantor at Berry UMC in Chicago for three years during seminary and afterwards. In 2020 Dan completed his CPE residency at Rush University Medical Center in Chicago. Today Dan is a staff chaplain at Banner Desert Medical Center, a 750-bed tertiary hospital in Mesa, Arizona. His wife is Erin and they have a three-year old daughter, Eliza Lucille.

Dan's major responsibilities include on-going communication with the members of his Region, coordinating regional activities, and reviewing and recommending to the Circle of Directors all new applications for commissioning. Dan's contact information is:

Email: pacificvp@fcmmail.org Phone: (760) 845-4378

Chairperson

Christy Howard-Steele - cont'd

Goings...

Much Gratitude for Your Faithful Service



ANTHONY ERCOLANO - COMMISSIONING CHAIR

Tony Ercolano has been a member of FCM since 2005. He joined FCM's Circle of Directors in 2013 as Commissioning Chair. In addition to his many accomplishments as Commissioning Chair that are outlined in a separate article in this newsletter, Tony has been an influential voice of wisdom, of history, and of practicality on the Circle. Not only will I miss these gifts that he so generously gave, I will also miss his editing, humor and wit. Tony will continue serving FCM as a member on the Endowment Committee. Thank you, thank you, for your service Tony!!!



TRACY PETERSON - PACIFIC REGION VICE PRESIDENT

Tracy Peterson has been a member of FCM since 2016. She joined FCM's Circle of Directors in 2019. Tracy has been an effective advocate for her region as well as a caring, compassionate pastor to her regional members and Circle members alike. I will miss Tracy's transparency and passion. Tracy intends to take a year to focus on herself and family before reengaging in FCM's committees or leadership. Tracy, thank you so very much for using your voice and for your faithful service!!





President

Ron Davis

LETTER FROM THE PRESIDENT

The Federation of Christian Ministries Leadership Circle met via Zoom from February 3rd through February 6th. It was one time I was glad to meet over Zoom as it was snowing in Ohio where I live!

Our three productive days of conducting FCM business allowed us to welcome a new co-Vice President for the Southern Region, **H. Don Morris**, and to acknowledge that change will continue to be an ongoing factor for our leadership team.

We welcomed the other co-Vice President, **Linda VanPutte**, during our November meeting. Don told the Circle that the transition within the Southern region has been slower than what he would like, yet he and Linda are on a learning curve, doing their best to provide leadership in the Southern region of FCM.

Other changes in process for the leadership team include the Pacific Region and the Mountains and Plains regions who will each have their elections this spring to extend calls to their next Vice Presidents.

We are thankful for **Mary Vidas** who is serving as Vice President for the Mountains and Plains Region. When Connor Simms was deployed for active military duty and resigned, Mary said "yes" and stepped into the Vice President position. She has done a marvelous job building relationship, leading members through their commissioning process, and bringing her wisdom to Circle meetings.

Tracy Peterson stepped down from her Vice President role for the Pacific Region for personal reasons, and **Daniel Windham** attended the Circle Zoom meeting with her. Daniel will serve in Tracy's role through the end of her term in July. FCM appreciates Dan taking on this ministry to provide leadership for the Pacific Region.

FCM welcomed a third new leader at the Circle meeting. **Salvador Leavitt-Alcantara** will begin his service as the new Commissioning Chairperson in July. He is working with Anthony (Tony) Ercolano to gain an understanding of this role.

FCM is a volunteer-driven ministry, and it warms my heart when members step forward to lead and move our ministries forward. We can't offer those who work and minister for FCM silver or gold, yet we can express our thanks and gratitude to each one for serving effectively.

Tony Ercolano has served on the Circle since 2013. Tony moves with wisdom, grace, passion and a strong work ethic. He speaks with a voice of reason and has a quick wit. Tony gives of himself in many ways within FCM and other organizations. Tony is the picture of the "retired" person who is as busy now as he was at any time in his life. We thank you Tony for your service to FCM. We will miss you when you leave the Circle and are thankful that you are a member of the FCM family.

FCM REGISTRY

www.femregistry.org

BAPTISMS, WEDDINGS & HOLY UNIONS

All FCM members presiding at Baptisms must register the Baptism with FCM

Forms to register Baptisms, Weddings & Holy Unions can be found at www.fcmregistry.org

Weddings and Holy Unions can also be registered but are not mandatory



Treasurer Heidi Tierney



Greetings from the Treasurer

As of December 31, 2021 we have reached the mid-point of our financial fiscal year that began on July 1, 2021 and ends June 30, 2022.

FCM continues to be in a strong position financially. I am pleased to report that we have just completed our 2022 renewal period. We currently have a healthy balance in our general account for all upcoming expenses to support our mission and vision.

Due to COVID restrictions on gathering, our major expenses have decreased. The Circle of Directors has been meeting virtually in our regions and as an assembly throughout the last few years. We remain hopeful that we'll soon get back to in-person gatherings and meetings in new and creative ways.

The Circle continues to be good stewards of FCM resources on behalf of our community. One of the Circle's major initiatives is contracting an administrator. As our faith communities and individual memberships grow, we recognized the need to help our Vice Presidents with their administrative tasks.

As a Circle, we are excited to respond to the needs of our members and be proactive in identifying how to support you and FCM's future. We continue to look for ways to grow our ministry outreach and look forward to your participation. We are ready, with your help, to take FCM out into the world. Through your VP, let us know how we can support you in ministry and in your mission field.

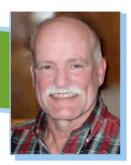
I hold the term **ubuntu**: I Am Because We Are, close to my heart. This is the African philosophy that teaches "we are human only through the humanity of others." "I can never be what I ought to be until you are what you ought to be," said Reverend Dr. Martin Luther King Jr. We are in this world together. We are in ministry together. It continues to be an honor and privilege to serve our FCM community as your treasurer. It is my way to give back to the community that supports me as a chaplain and to be involved in something that is greater than myself in the world. I appreciate each of you in your place of ministry and in the world.

I Am Because We Are, Heidi Tierney Treasurer



Endowment Fund

Tom Stricker



Endowment Fund Tribute Donations

In 2021 the Endowment Fund Committee established an opportunity to donate "Tribute Gifts" to the Endowment Fund.

"Tribute Gift Donations" can be made in any amount. It is a meaningful way to honor the life of a friend or family member, living or deceased. It also provides the opportunity to make a donation to celebrate a special occasion - birthday, anniversary or wedding.

Make a gift using our secure online giving form, or print off a mail-in form.

We will notify the honoree or honoree's family about your gift. We will give the donor a choice of honoring the individuals in the Newsletter.

For more information go to the FCM web site: www.federationofchristianministries.org under FCM Endowment Fund for the online Tribute Gift Form or endowment@fcmmail.org



Honoree

Antoinette Marold for her tireless work for FCM.

In Memory & Celebration of Juanita Knapp

In Memory & Celebration of Tom Leonhardt

In Memory & Celebration of Dennis Lee Marold II

In Memory & Celebration of Jane Gluck

In Memory & Celebration of Ronnie Nagel

Tom Cusack for all his good works



John Polanski

Tom Cusack

Dan Pellegrin

2nd Anonymous Donor

3rd Anonymous Donor

Bill & Amanda Appleton

Grace Uhle

John Shelly

Ray & Jan Knaus

Dennis & Antoinette Marold

Anonymous donor

2nd Anonymous donor

Tom & Patty Stricker

Dennis & Antoinette Marold

Judith Lorenz

Becky and Brian Cusack







Endowment Fund Report

lank You

FOR HELPING US TO REACH OUR FIRST \$100,000, GOAL

VALUE AS OF 2/22/2022 \$101,904.00

Donate to the FCM Endowment Fund NO GIFT IS TOO SMALL!

Regular Donation

Go to the FCM website www.federationofchristianministries.org or go to your personal account on Realm www.onrealm.org and make your donation.

- 1. Sign in to Realm or, if in the FCM Website, use the "Donation" button to get there.
- 2. Click on "Giving" (left hand column) and this will take you to donation
- 3. Click on the "+ Give" button
- 4. You will see a pull down (FCM General Account); click on the pulldown arrow
- 5. Click on the "FCM Endowment Fund" button

Tribute Gift

Is there a friend, family member, teacher, or mentor you would like to honor on their special day or send an expression of sympathy?

Consider a small donation to the FCM Endowment Fund.

A notice of your gift will be sent to the honoree or a member of their family. You will also know that your gift will help ensure that FCM will be able to support future generations of ministers and congregations.

For more information go to the FCM web site under FCM Endowment Fund for the online Tribute Gift Form or endowment@fcmmail.org

\$200,000 \$190,000 \$180,000 \$170,000 \$160,000 \$150,000 \$140,000 \$101,904.00

Measuring Our Success



2022 Assembly

Peter Strening



CHICAGO SAVE THE DATE!

The Federation of Christian Ministries 2022 NATIONAL ASSEMBLY, in person is planned for Friday - Sunday, July 15-17, 2022 at Holiday Inn O'Hare in Chicago, IL.

We look forward to gathering with one another to hear stories of FCM members. Plans for a virtual option are under way as well.

STAY TUNED FOR INFORMATION ON REGISTRATION COMING SOON.

Peter Strening - FCM Assembly Planning Committee



Commissioning

Anthony Ercolano, Commissioning Chair Emeritus, FCM

Dear Members of the Federation of Christian Ministries:

I have been honored to serve as your Commissioning Chair for the last nine years. The opportunity to meet regularly with the remarkable group of individuals who comprise the Circle of Directors was a blessing. And the chance to serve our Commissioned members was a gift.

As I prepare to leave this role, I have reflected on the accomplishments of the Commissioning Committee and some of the work yet to be accomplished.

Over the last nine years, the members of the Commissioning Committee, individually and as a group, have updated the standards for ministry in the Commissioning Polity Manual as well as the relevant portions of the FCM Bylaws to more authentically convey the philosophy and practice of FCM.

- ◆ We unconditionally expressed our interpretation of Commissioning as an Ordination to ministerial service.
- ◆ We revised and enhanced the process for conducting background checks for ministerial candidates to include not only the employment of an independent, professional screening organization, but also an indepth search of news and social media feeds.
- We instituted the roles of associates for the regional vice presidents (regional commissioning liaisons) to ease some of the burden involved in interviewing candidates for ministry, thereby allowing the regional vice presidents more time to attend to the relational, liturgical, and pastoral elements of their role.
- ♦ We created checklists to guide the regional vice presidents and their associates in the interview process and in the submission of candidates' recommendations to the Circle of Directors.
- ♦ We created a database of Commissioning ceremonies for those who will receive new ministers.
- And, we recently engaged a manager, Bill Appleton, to assist with the vast amount of paperwork and the collection of documents required in the Commissioning process.

A number of issues remain for future consideration. Among these are:

- ◆ Should we create various levels of Commissioning to encompass the roles of catechist, deacon, domestic church presider, etc.?
- ♦ How important is it that a candidate earn a Master of Divinity degree or its academic/pastoral equivalent prior to our consideration of their Commissioning?
- ◆ How do we keep Commissioned members highly involved in the FCM community as mentors, ambassadors, hosts, regional vice presidents, or regional commissioning liaisons?
- ♦ We need to develop a Regional Commissioning Liaison training guide.
- ◆ We need to define and develop the role of "Host," as well as a comprehensive list from which new members can select a Host.

I look forward to watching FCM grow as a ministerial and ecclesial organization under the guidance of our new Commissioning Chair, Salvador Leavitt-Alcántara.

May the Divinity continue to bless our ministry to bring the Good News to ALL people.

Anthony S. Ercolano, D.Min. Commissioning Chair Emeritus, FCM



FCM Faith Communities

Tom Stricker



"We won't stop saying it! We say, Black Lives Matter!"



"The Federation of Christian Ministries responds to the Divine Call by empowering and nurturing those inspired for inclusive ministries." That is the mission of FCM. The Living Beatitudes Community, a FCM Faith Community is working to live that mission. We are called, as followers of Jesus, to work for justice for all God's Children. We believe education is the key.

In the fall of 2020 the leadership of Living Beatitudes Community and Christ Episcopal Church began a discussion concerning race, justice and faith issues. A number of adult ed. programs grew from those discussions. "Sacred Ground", "We Say Black Lives Matter, Did You know? Project" and the book "Face to the Rising Sun" Reflections on Spirituals and Justice written by Mark Bozzuti-Jones, an Episcopal priest.

Both communities were invited to participate in Sacred Ground. The series began in September 2021 and we are presently in our 8th lesson. Sacred Ground is a film-based dialogue series on race and faith developed by the Episcopal Church. "Sacred Ground" is the Episcopal Church's Long-term Commitment to Racial Healing and Reconciliation." This course challenges us to understand and live the call to work for justice and equality for all God's children.

"We Say Black Lives Matter, Did You Know?" was developed by the Living Beatitudes Community. It is an educational series to help our two communities and the larger Dayton community gain an awareness of the issues that too often we unknowingly participate in systemic racism.

As people of Faith, we need to examine these issues openly. "Often the response to claims of Black Lives Matter, is All Lives Matter. This phrase is mere charade unless all Americans experiences a sense that their lives matter enough to protect and promote equality. BLM cries out in the wilderness of America and asks America to fulfill its commitment to the claim that all are created equal. Only then can we honestly say that All Lives Matter." This is how we honestly live our faith by the practice of protecting and promoting the reality that we are all children of God.

In recognition of Black History Month, February 1st, the Living Beatitudes Community and Christ Episcopal Church placed two signs in front of the church. These signs (both 4' x 6') say "Black Lives Matter because 'All' didn't include Black when they said 'with liberty and justice for All". As people of faith, we need to speak the truth that even though we are all children of God many in our communities have NOT been treated as such. Given the emotionally charged debates elicited by "Black Lives Matter Movement" we are launching the "We Say Black Lives Matter Project" to promote a deeper understanding of the BLM movement's roots and motivations. The "Did You Know" pieces are not only posted in the front hall of church and in the Living Beatitudes Community space, but we are also sharing one a week throughout the year to further advocate learning from our history. We are asking everyone to share these educational pieces of history. Our objective through these joint activities, is to foster meaningful dialogue, racial healing, reconciliation and justice in our personal lives, our ministries and our society.

FCM Anniversaries

Carolyn Horvath-Tom Cusack

The FCM Faithful

Major Anniversaries of Membership

The people listed below have worked long and faithfully to build FCM to its place today. If you wish to congratulate them, search them online in Realm (www.onRealm.org) or on the Realm app. Not signed in to Realm? Ask your Regional Vice President or *connect@fcmmail.org* for authorization.

Tom Cusack for Carolyn Horvath and in memory of Tom Leonhardt, both of FCM Central Office

10 Year Anniversaries

Eileen Cox, Northeast Region, 04/14/2012 Linda Grant, Great Lakes Region, 03/10/2012

5 Year Anniversaries

Sherri Stella, Mountains and Plains Region, 03/25/2017 Ingmar Ludwig, Northeast Region, 04/12/2017 Josh Albrecht, Southern Region, 03/31/2017 Lindsay Butler, Southern Region, 03/16/2017 Gregory Widmer, Pacific Region, 03/03/2017



Northeast Region

Carl Yusavitz, Vice President

Celebrate & Embrace

Were you commissioned by FCM, but because of the Covid pandemic are still waiting to celebrate that commissioning with a service?

Our region was recently blessed by a former VP who has volunteered to work with you on a commissioning service. Depending on the evolving CDC guidelines and your particular needs, that service could be inperson, in-person with Zoom, or all Zoom. Another option would be to have your commissioning celebrated during an FCM Thursday evening prayer gathering. Please email me if you are interested and we will start planning. cyusavitz@comcast.net.

If 2021 was "practice" for 2022, what lessons have we learned to bring to the New Year – both personally and professionally? Our FCM NE Region Zoom gathering in January came up with the following suggestions:

- > Embrace flexibility and resilience as new pastoral competencies
- > Embrace your vulnerability and helplessness
- Look for the hidden blessings in parenting children during ever-changing school mandates
- > Accept what is and learn to adapt to the unknown
- > Look for the opportunities in the challenges you face
- > Identify new resources to live an abundant life
- > Take up a new hobby
- > Reach out to your coworkers for help and ask for help yourself
- > See Covid as another way of discerning God's will in your life
- > Embrace new ways of worshipping together
- > Stay vigilant
- > Live day by day more conscientiously
- > Overcome your fear of Zoom
- > Reach out to FCM colleagues for helpful suggestions to navigate change



The next NE Region monthly Zoom gathering will be March 12th at 9:00 A.M. A Zoom invitation will be sent before the gathering. Our Topic: What needs further clarification in your life – personally or professionally?



Great Lakes Region

Shannon Queenan, Vice President

A View from the Great Lakes Region

FCM Circle of Directors Meeting: The FCM Circle met in early February and there is a lot to report from this meeting. The most exciting agenda item was the National Assembly slated for July 15-18, 2022, in Chicago. Because of on-going COVID concerns, the Circle decided to offer a hybrid gathering where people can attend in person or via Zoom. Look for details coming soon.

The Circle approved 8 members for commissioning, including **Donna Caputo** from the Great Lakes Region. Donna will celebrate her commissioning ceremony at St. Hildegard later this month.

The Circle also approved three members for endorsement. Congratulations to Portia Howard, Jana Miner and Alyssa Adreani.

Bill Appleton was welcomed by the Circle to his role as an administrator who will be assisting the VPs with streamlining some of their processes. He has already been a great help! Lastly, the Circle has launched a new grant in support of the work of membership. Please look for the article about this in another section of the Newsletter. It is a very exciting time in the Federation!

ZOOM Covideo Conferencing

Connect and Reflect: Connect and Reflect is what we call our regional Zoom meetings (scheduled Tuesday April 12, Wednesday June 15, Wednesday, September 28, and Tuesday November 15). We meet at 7:30 P.M. for one hour. We continue to have a couple dozen people that participate each time. During these meetings, we share prayer and reflect on our lives. We also continue to encourage, foster and nurture local groups gatherings. If you want to be part of a local group gathering, or start a group, let me know and I will help you!

Endowment Fund: More great news. The Endowment Committee has led our organization through a process of reflecting on where we have been and where we want to go. Together we have met the first goal of \$100,000! The fund helps us to secure the future for FCM's goal of inclusive ministry that transforms society. If you'd like to make a donation, please do so on Realm. A five-dollar monthly donation is about the same as a cup of coffee at a coffee shop and will make a big difference.

Commissioning: In addition to Donna Caputo, Mike Yordy (Indianapolis, IN) and Mark Feldbush (Columbus, OH) have upcoming commissioning ceremonies. Please hold them all in your prayers as they take this next step in ministry.

Other Celebrations: A Memorial Service was held for Tom Leonhardt in mid-February. Please continue to hold Carolyn Horvath, his wife and longtime FCM member, in the healing light of love.

Final Thoughts: As we move from the dead of Winter to the hope of Spring, I leave you with the Blessing of St. Brigid:





Mts. & Plains Region

Mary Vidas, Vice President

Spring Greetings from FCM Mountains and Plains Region!

"Every spring is the only spring, a perpetual astonishment. It bursts upon the earth every year finding the impossible possible!" Ellis Peters, Chronicles of Brother Cadfael, 1992

Spring is perhaps the most anticipated season in terms of renewal, growth, and new beginnings. As the equinox marks the beginning of the season, and many of our faith traditions share the grace of the Resurrection, it is also the perfect opportunity to partake in various rituals, prayers, celebrations, and customs that honor the sacredness of the season. And in doing so, give ourselves permission to commune with that which not only enriches our lives, but also brings us joy.

As we journey together this new season, may spring release within us wellsprings of refreshment, transformation, and inspiration. May the sacredness of our work bring healing, light, and renewal to those we serve. And may we remain open and alert to the season's wonders and hidden joys yet to be discovered! Peace and light, Mary

Welcome New Members

Annetta Lansdown, Chaplain, Advocate Good Samaritan Downers Grove, IL Staci Orr, Chaplain, Methodist Health System, Richardson, TX

Recently Commissioned



Michael Lewon, Chaplain, University of Chicago Medicine, Chicago, IL

Sarah Goodloe, Chaplain/CPE Resident, United Hospital, St. Paul, MN

Charlotte Hoffman, Chaplain, Health Coach, Director of Development, Evenglow Health Care Senior Center, Pontiac, IL; Founder & CEO, Resilience Health Solutions, Normal, IL

Kiersti Phenow, Chaplain/CPE Resident, United Hospital, St. Paul, MN

FCM Member Online Workshop

"Overcoming Burnout: Wisdom from Ayurveda and Beyond" Monday, March 28th 11:00 AM CT

Burned out by the pandemic? You're not alone! The Mountains and Plains Region is pleased to offer this free workshop for all FCM Members, Faith Communities, Chaplains and Spiritual Care Providers. It is presented by Reverend Charlotte Hoffmann, FCM – Chaplain, CEO & Health Coach. Workshop topics include:

- ♦ Ways to boost your body's ability to "rest and digest," anywhere, anytime.
- ♦ How to strategically use breaks to maximize your energy throughout the day (or the night shift!).
- ◆ Small steps to improve digestion and help avoid that after-lunch slump.
- Your dosha, and why it matters.

To Register see: https://resiliencehealth.kartra.com/page/March28 DIGITAL COPY ALSO AVAILABLE

Montains & Plains ... page 2

The Gift of Connecting via Realm Groups

To find FCM members within our Region and your specific area, check your REALM profile! Listed are the "groups" you belong to, along with the area group within our Region. This is a great way to connect with other members and build our FCM community!

Area News



St. Louis Area: Members continue to meet online and invite others to join them. To receive information on upcoming gatherings and future meetings,

Contact: Marybeth McBryan, Coordinator: 314-277-3212

or Paul Reithmaier: p.reithmaier@att.net





Nith Deepest Sympathy Barbara Lawrence, FON

Passed to her new life on November 8, 2021



Barbara was a commissioned and endorsed member of the FCM Mts. & Plains region.

Chaplain Barbara A. Lawrence as she came to be known was diagnosed with cancer 20+ years ago. She never let that stop her from living life to the fullest. In her earlier adult life, she ws a hair stylist. After her cancer diagnosis, she responded to her call to be a chaplain. With great tenacity overcame many hurdles to become a Board Certified Chaplain with the Association of Professional Chaplains.

She joined FCM in 2017 and came to FCM's 50th Anniversary Assembly in Philadelphia. Unfortunately, she became ill and had to remain in her room. Barbara was an open-hearted, generously loving person. In addition to her four children, like her mother, she was the "neighborhood" mom or auntie to many. Many family and friends mourn her passing.









NEWSLETTER EDITORS Carole duBois Sandy Tracy

Newsletter Email: newsletter@FCMmail.org

The FCM Newsletter is published bi-monthly by the Federation of Christian Ministries, a non-profit religious body. As the informational publication of FCM, its mission is to keep members current with the organization and its activities, to provide ideas to further ministry and to promote community building among local FCM groups and the national organization. All current members receive a copy. Articles and feedback are welcomed and can be sent to:

newsletter@FCMmail.org by the 8th of each month (February, April, June, August, October and December). FCM member-submitted articles should aim for 500 words and 2-3 selected photos in MS Word and JPG formats.

FCM Central Office

Ema

COORDINATOR

Carolyn Horvath

Email: centraloffice@FCMmail.org NEW PHONE NU. 216.571.7698

1709 W. 69th. St., #1 Cleveland, Ohio 44102-2957

FCM Website: www.federationofchristianministries.org

FCM Blog: fcmblog.org FCM Registry: fcmregistry.org

FCM CERTIFICATES

These lovely certificates are available from the FCM Central Office. Please specify your choice: Baptism, Marriage, Holy Union, and the number of certificates you need. Certificates are \$1.00 each or 6 for \$5.00. Each certificate is printed on certificate weight paper in blue ink; they carry the FCM logo and seal.

FCM Membership & Realm

REALM ADMINISTRATOR & MEMBERSHIP

Emails: connect@FCMmail.org - membership@FCMmail.org

Endorsement for Specialized Ministries

Qualified FCM members may apply for "Religious Body Endorsement" for the specialized ministries of Chaplaincy, Pastoral Counseling, and Clinical Pastoral Education. Such endorsement is required by professional certifying organizations and many institutional employers. The FCM Circle of Directors acts on endorsement applications three times yearly. Endorsement application materials are available for downloading on the FCM website at: www.federationofchristianministries.org Inquiries may be made by email at: specmin@FCMmail.org

GLOBAL MINISTRIES UNIVERSITY

GMU offers degree completion programs, certifictes, a Celebrant Training Program, and individual courses online. FCM members are eligible for a 5% discount on degree programs. For more information, visit the web site:

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